APA Citation to a Book

Author: Martin, J. (2018).
Book Title: Handbook of disability sport and exercise psychology.
Place of Publication: New York, NY
Publisher: Oxford University Press.

APA Citation to an Article from a Journal

Article Title: Neuromuscular Adaptations to Low-Load Blood Flow Restricted Resistance Training.
Volume #: 17(1)
Issue #: 1
Page #: 66-73
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